



RSA MEDIATION TEAM

# HEALTHY COMMUNICATIONS WORKSHOP

Conversations are the basis for our lives and every relationship. Improving our ability to listen for understanding and speaking to be heard increases our love and discipleship. It is work we all need to practice, regardless of our experience and skill level.

Come join the Synod Mediation Team in practical learning and practice together.

**JULY 12 & 19**

**3:00 PM - 6:00 PM**

Online: Register below for Zoom link

**Register Now:**

[www.albanysynod.org/mediation-team](http://www.albanysynod.org/mediation-team)

