

Winter Online FW101 Retreat

Please read all the information below, before registering.

Who:

Clergy and non-clergy alike get much out of FW101, as we all are invited into the journey of spiritual transformation!

Faithwalking mainly focuses on spiritual formation for adults, yet young adults are welcome.

What is included:

A shame-free environment is provided for you to learn through presentations, times of solitude and prayer, small group sharing, and large group reflection. You will receive a workbook and/or solitude guides electronically.

What to have ready:

Please have a Bible, a writing utensil, and a non-distracting way to keep time (smartphones may be convenient, but they may distract you).

An open and prayerful spirit. We encourage participants to come ready with an open heart and the willingness to engage. For online engagement, we invite you to create a "retreat space" for yourself. Set up a candle or a picture that helps you focus on the Holy Spirit's presence with you. Clean the space so you won't be distracted and/or create it in as quiet a place free from distractions with good internet as possible!

Sponsors:

These retreats are such a bargain because of the partnership between the Reformed Church in America with the Regional Synods of Albany, New York, and Mid Atlantics as a part of Churches Learning Change (formerly Ridder Church Renewal) in conjunction with the New York/NJ Faithwalking Circle. ALL ARE WELCOME! Presbyterian, Lutheran, United Church of Christ, Methodist... any affiliation or those with no church affiliation are all welcome to participate.

Cost:

100.00 per person and a 50.00 discount for a person repeating 101. (Please note Faithwalking 101 is a different format than Foundations Module 1. The repeat discount is offered only for the exact same course, as the material is slightly different.)

Faithwalking 101 retreats are often described as a "fire-hose" introduction of the Faithwalking process. Participants will need to spend time- in reflection throughout the retreat and after.

Before You Register

Registration Cost for Faithwalking 101 Online

First-time Participant: \$100

Repeat 101 Participant: \$50

Retreat Leader or Small Group Leader: \$0

CLC Pastor, First Learner, or Fellow's Program or CLC Team member already enrolled in the 2022 - 2024 Module of CLC: \$0 (Please note if your congregation enrolls AFTER these retreats, you/your congregation will need to pay and then your registration fee will be applied to your first CLC payment)

If you are a repeat participant *and would like to serve as a small group leader*, please email Sherri (PastorSherriMV@gmail.com) to confirm, so you can register as a Small Group Leader at no cost.

Payment -

Should you wish to pay online via credit card, you will need a PayPal account to finish the registration process (setting up a PayPal account is simple and safe).

If you wish to pay by personal check or if your church will be paying for all or part of your cost, you will be able to enter the discount code "SendCheck" to bypass the online payment requirement.

Checks for retreat registration should be made out to 'Regional Synod of Albany' with 'FW101' and the location in the memo, and mailed to 1790 Grand Blvd, Schenectady, NY 12309.

Personal Information -

During the registration process, you will be asked a few personal questions. The answers to these questions will not be shared beyond the Faithwalking Leadership Team, and are requested as a way to get you to think about your family of origin and to offer the Faithwalking Leadership Team a better understanding of retreat participants.

Additionally, participants are encouraged to ask three people to be in prayer for them during the retreat time. Prayer partners will receive emails throughout the retreat, detailing the learning and reflection topics, in order to pray for you in specific ways. We ask that you provide the names/emails for these prayer partners *when you register* so that we can guarantee they remain connected with you (we can share your prayer partners with us later, but this has proven to add a lot of extra work for the leadership).

If your congregation (or a group of congregations) are interested in hosting a FW101 retreat, please email Greg at gntown@gmail.com and/or Sherri at pastorsherrimv@gmail.com, and we'll share information with you about what hosting FW101 looks like and how best to go about it.

FW201

involves many different homework assignments each week - from readings, conversations, videos, personal reflection, spiritual workouts, etc - as you work on awareness, authenticity, and getting into action to learn about and connect with yourself, others, and God in this journey of transformation.

201 large groups meet every other week for 12 sessions (24 weeks), through zoom conference calls (online, video or audio, or even by phone).

In addition to the large group, you'll be assigned to a coaching triad, which will meet at a time agreed to by yourself, your coach, and another 201 participant.

The cost is \$175 for first-time participants. CLC pastors and first-learners are covered. Payment details will be handled after registration, prior to the start of the group.

Additionally, the NY Faithwalking Circle is always in the process of setting up options for upcoming FW201 groups that meet electronically every other week. Please fill out the *interest form* below to let us know and to loop you in with the scheduling process. Registration will be on a first come first serve basis for those from NY, NJ or PA eligible for 201 (who have taken 101).

Or like [our facebook page](#) to get up-to-date information as it becomes available.

Faithwalking 202

is a 13 week course that takes a deeper look at personal transformation principles and practices moving toward a more fully integrated life.

Pre-Requisites: In order to enroll in FW 202, participants need to have completed Faithwalking 101 and 201.

Format: Faithwalking 202 will meet by weekly zoom conference calls that last 1.25 hours. In order to participate fully, participants will need access to a device with a camera and microphone, a good internet connection, and the book by Roberta Gilbert, *The Eight Concepts of Bowen Theory*.

Homework and Other Requirements: In Faithwalking 202, different from other Faithwalking courses, participants turn in their journaling homework to the facilitator 24 hours before the class session through a Google Classroom. This may be done by uploading documents or scans of handwritten journals. During the 13 weeks, participants dive deeper into their own family system work, using 5 chapters of Gilbert's book, as well as reviewing some of the key concepts of Faithwalking. Homework is expected, and as with all Faithwalking courses, it is both experiential (asks you to do some things) and reflective (asks you to reflect on some things and journal about them).

The cost of this course is \$175. Cost should not be a deterrent to attendance. Scholarships may be available from congregations, judicatories, as well as the NY Faithwalking Circle. Please inquire if needed.

Fall 2020: Registration is FULL for a section of FW202 on Wednesday mornings beginning October 28, 9:30 - 10:45 a.m. This section will take a break the week of Thanksgiving, two weeks off for Christmas and New Year, and conclude on February 10, before lent begins. This offering was filled before making it public. If you are interested in 202, please fill out the interest form below to both help us initiate a new opportunity and to be sure you are informed!

Interest in 202 and this time not work for you? Let us know. **Please fill out this interest form.**

FW 301

Faithwalking 301 is a 10 week journey intended to develop a deeper understanding of what it means to live on mission with God in the world.

Format: FW 301 will meet weekly for 1.25 hours in zoom video conference.

Pre- Requisites: All participants who have completed Faithwalking 101 and 201 are welcome to participate in Faithwalking 301. Please note, FW 202 and FW 301 may be taken in any order after completing 201. In order to fully participate, participants will need access to a device with a video camera and a microphone, in addition to a good internet connection.

During FW 301, participants explore the concept of Shalom in more depth as well as engage in the experiential homework of "other - ing" by intentionally developing or deepening a relationship with someone identified as "other" in some way by the participant. The participant then reflects on what is learned about self and the other through the process of seeking to deepen the relationship.

Cost: The cost of FW 301 is \$175. Cost should not be a deterrent to participation. Scholarships may be available through congregations, judicatories, or the NY Faithwalking Circle. Please inquire if needed.

REGISTRATION IS NOW OPEN: May - mid July 2021, Tuesday mornings 9 - 10:15am beginning Tuesday, May 4

If you are interested in 301 and this time does not work for you, please let us know by filling out the 301 Interest Survey.